

Survivorship Resource Program Calendar of Events February 2010

Classes, Screenings, Events

National Cancer Prevention Month

Chemotherapy Classes

Mondays: 3:00 p.m.

Tuesdays: 8:00 a.m.

Wednesdays: 4:00 p.m.

Thursday & Fridays: 8:00 a.m.

For Information Call: Lisa Mayo at 410-427-2569

End of Treatment Classes

For patients who have completed or are soon to complete; their cancer treatment: (chemotherapy, surgery, radiation, or combination of any of these.)

Mondays: 9:00 a.m. – 10:00 a.m.

Wednesdays: 2:00p.m. – 3:00 p.m.

For Information or to Schedule an Appointment Call:

Ellen Gaither at 410-427-5585

Upcoming Event

Sharing, Caring and Surviving Colon Cancer - New Advances in Care: A multidisciplinary patient education program focusing on advances in treatment for colorectal cancer.

Sponsored by Susie's Cause and The Cancer Institute at St. Joseph Medical Center

Tuesday, March 16, 2010, 5:30 p.m. – 8:30 p.m.

St. Joseph Medical Center -Noppenberger Auditorium

This program is **FREE** for patients, families, and visitors. Seating is limited

LIGHT DINNER and COMPLIMENTARY PARKING are provided.

For More Information or to Register please Call:
Maurice Walker at 410-337-1069



Support Services, Programs

Breast Cancer: SOS - Survivors Offering Support

Trained breast cancer survivor volunteers offer their support and knowledge to newly-diagnosed patients. **Next Training: February 24th, 5:30 p.m.**

To learn more about the program, become a volunteer mentor or be assigned a mentor, Call:
Edla Coleman, SOS Coordinator, 410-427-2513

Crohn's Disease and Colitis Support Group

For Information Call: 410-337-1479

Lung Cancer: LUNGS - Learning, Understanding, Navigating, Growing, Survivorship

This program matches lung and esophageal cancer survivors with newly diagnosed patients to help mentor them through their cancer treatment.

For Information Call:

Pam Trombero at 410-337-4543

Recovery Coach Program

Developed by the American Cancer Society, this program provides one-on-one peer support and information to colon, prostate, breast and lung cancer patients.

For Information Call:

Cathy Hirsch at 410-583-5885

Lymphedema Management Program

***Fee: May be insurance reimbursable**

For Information Call: 410-337-1412

Look Good Feel Better

Program designed to help women offset appearance related changes from cancer treatments.

For Information Call: Lisa Mayo at 410-427-2569

Pink Ladies at St. Joseph Medical Center

Pink Ladies offer education, networking, and support to women undergoing treatment for breast cancer at the Cancer Institute, St. Joseph Medical Center.

When: Five Wednesdays, 10 – 11:30 a.m.
Sessions start **February 10th** – **March 10th**
and **March 31st** – **April 28th**

For More Information or to RSVP please Call:
Susan Feild, RN at 410-427-5509

****FREE Dial-Up Seminar**

Strong and Smart: Living Well With Cancer

From the comfort of your own home or office, listen to the experts via phone and view their presentations on your computer. You will also have time to ask questions.

Topic: *The Healing Power of Acupuncture*
Tuesday, February 9th, 1:00 p.m. – 2:00 p.m.
To Register Call: 800-278-7837

****FREE Cancer Care Telephone Education Workshop**

Topic: *Advances in the Treatment of Breast Cancer*
Thursday, February 11th, 1:30 – 2:30 p.m.

Topic: *Progress in the Treatment of Multiple Myeloma*
Wednesday, February 24th, 1:30 – 2:30 p.m.

For More Information or to Register for either workshop please Call: 800-813-4673

Transition to Wellness Workshop

This **FREE** workshop will provide Breast Cancer patients with coping tools and information as the end of treatment approaches.

Wednesday, March 3rd, 5:30 p.m.

For More Information or to Register please Call: Edla Coleman at 410-427-2513 or 410-353-2819

Cancer Resources

American Cancer Society: www.cancer.org

Cancer Care: www.cancercare.org

Cancer Net: www.cancer.net

HopeWell: hopewellcancersupport.org

National Cancer Institute: www.cancer.gov

Patient Education Resource Room

Daily 8:30 AM – 4:30 PM

Located on Ground Floor G-17

The Education and Resource Room offers patients and families access to resource information and educational materials in the form of books, pamphlets and internet access. Please feel free to stop in and take a look!

Clinical Trials Resources

You can receive more information about Cancer Clinical Trials by contacting: Kristen Gowan, Oncology Research Nurse at 410-427-2571 or visit the Patient Education Resource Room

Spiritual Care

Our Spiritual Care Department is staffed with Priests, Sisters of St. Francis and chaplains of various faiths and nationalities. They help meet the diverse spiritual needs of patients and their families

To speak with a Spiritual Care representative or to request services please Call:
Maureen O'Brien at 410-337-1109

Comfort Care Boutique

Daily 9:00 AM – 5:00 PM

Located on Ground Floor G-14

The Boutique offers mastectomy bras and custom breast prostheses and Lymphedema products, medical and surgical stockings, wigs, hats and scarves.

For a complete list of products and services offered or For more information please Call:
Donna Sullivan at 410-337-7117

St. Joseph's Cancer Survivor Corner Newsletter

<http://www.sjmcmd.org/CancerInstitute.aspx>

Cancer Institute Website

www.sjmcmd.org/CancerInstitute.aspx

For more information about the Survivorship Resource Programs please contact:

Donna Costa, MHS at 410-427-2548 or at

donnacosta@catholichealth.net or

Maurice Walker at 410-337-1069 or at

mauricewalker@catholichealth.net

